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| UHM General Education Core Requirements |
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| Foundations |
| * FW ENG 100, 100A, 190, ESL 100, or AMST 111 |
| * FQ\* |
| * FG (A / B / C) |
| * FG (A / B / C) |
| *\*Note: This requirement changed in Fall 2018. If you entered the UH System prior to that, please see your college/school advisor.* |
| Diversification |
| * DA / DH / DL |
| * DA / DH / DL |
| * DB FSHN 185 |
| * DP |
| * DY |
| * DS HDFS 230 |
| * DS NREM 220 or ECON 120 or 130 or 131 |
| *\* See degree, college and major requirements for courses that can also fulfill these.* |
| **UHM Graduation Requirements** |
|  |
| Focus |
| * H |
| * E (300+) |
| * O (300+) |
|  |
| * W |
| * W |
| * W |
| * W (300+) |
| * W (300+) |
|  |
| Hawaiian / Second Language – complete one option |
| * Four semesters of one language (202 equivalent) |
| * Three-semester sequence (usually 101, 102 and 201) in a single language and one approved culture course |
| * Two-semester sequence (usually 101 and 102) in a single language and two approved culture courses |
| **Credit Minimums** |
| * 120 total applicable |
| * 30 in residence at UHM |
| * 45 upper division (300+ level) credits |
| **Grade Point Average** |
| * 2.0 cumulative or higher *(Note: Other GPAs may be required)* |
| * Good academic standing |

*This program sheet was prepared to provide information and does not constitute a contract. See back for major requirements. Meet regularly with your major advisor.*

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| College Requirements |
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| **CTAHR Required Set of Interrelated Courses** |
| * HDFS 380\*DS/380L |
| * Internship (HDFS 492) |
| * Capstone course (HDFS 495) |
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| **Credit Minimums** |
| * 120 applicable |
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| **Major Requirements for BS in Human Development and Family Studies** | |
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| Admission: Freshmen = Open; Transfer = min. entrance GPA of 2.0 | |
| Application: NA | |
| Min. major credits: 32 (38 with related requirements) | |
| Min. exit GPA: 2.0 in the major | |
|  | |
| **Requirements** | |
| **Human Development and Family Studies Related Requirements (6 credits)** | |
| ❑ FSHN 185\*DB | |
| ❑ ECON 120 or 130 or 131 or NREM 220\*DS | |
|  | |
| **Human Development and Family Studies Core Courses (20 credits)** | |
| ❑ HDFS 230\*DS | |
| ❑ HDFS 340 | |
| ❑ HDFS 360 | |
| ❑ HDFS 380 / ❑ 380L | |
| ❑ HDFS 492 (Internship; 4 credits) | |
| ❑ HDFS 495 (Capstone Portfolio) | |
| *Students must earn a grade of C or better in* HDFS *230, 340, 360, and 380/380L.* | |
|  | |
| **Human Development and Family Studies Support Courses (12 credits)** | |
| **Family Development** | **One** of the following: ❑ HDFS 341 ❑ 425 ❑ 444 ❑ 445 |
| **Family Resource Management** | **One** of the following: ❑ HDFS 361 ❑ 363 ❑ 454 ❑ 455 ❑ 468 |
| **Human Development** | **One** of the following: ❑ HDFS 331 ❑ 332 ❑ 333 ❑ 334 |
| **Additional Support Course** | **One** additional course from above: ❑ \_\_\_\_\_\_  or HDFS 350, 352, 365, or 435 |
|  | |
| **Notes** | |
| CTAHR Academic Advising Office:  Gilmore 1st floor; [ctahradv@hawaii.edu](mailto:ctahradv@hawaii.edu)  Appointments are required to see an advisor; please visit [ctahradv.youcanbook.me/](https://ctahradv.youcanbook.me/) to schedule an appointment.  CTAHR Office of Academic and Student Affairs:  Gilmore 210, (808) 956-8183/(808) 956-6733;  [www.ctahr.hawaii.edu/ugadvising](http://www.ctahr.hawaii.edu/ugadvising) | |

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