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| UHM General Education Core Requirements |
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| Foundations |
| * FW ENG 100, 100A, 190, ESL 100, or AMST 111 |
| * FQ\* |
| * FG (A / B / C) |
| * FG (A / B / C) |
| *\*Note: This requirement changed in Fall 2018. If you entered the UH System prior to that, please see your college/school advisor.* |
| Diversification |
| * DA / DH / DL |
| * DA / DH / DL |
| * DB KRS 113 or PHYL 103 or PHYL 141 and 142 |
| * DP PHYS 100 or 151 or 170 |
| * DY PHYS 100L or 151L or 170L |
| * DS HDFS 230 or PSY 100 |
| * DS |
| *\* See degree, college and major requirements for courses that can also fulfill these.* |
| **UHM Graduation Requirements** |
|  |
| Focus |
| * H |
| * E (300+) |
| * O (300+) |
| * W |
| * W |
| * W |
| * W (300+) |
| * W (300+) |
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| Hawaiian / Second Language |
| * The Hawaiian or Second Language requirement is **not** required for students admitted to the Kinesiology and Rehabilitation Sciences program. |
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| **Credit Minimums** |
| * 120 total applicable |
| * 30 in residence at UHM |
| * 45 upper division (300+ level) credits |
| **Grade Point Average** |
| * 2.0 cumulative or higher *(Note: Other GPAs may be required)* |
| * To graduate from COE, students must meet the college’s higher GPA requirement(s). |
| * Good academic standing |

*This program sheet was prepared to provide information and does not constitute a contract. Meet regularly with your department’s undergraduate advisor to ensure you are on track with your major requirements*

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| College Requirements |
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| Licensure Track Admission Requirements |
| * Fall and Spring admission. |
| * Submit an application no later than the following:   + **March 1** for fall semester   (Feb 1 priority deadline)   * + **October 1** for spring semester   (Sept 1 priority deadline)  Apply: https://Makalei.coe.hawaii.edu |
| * 2.50 cumulative GPA in all post-secondary institutions |
| * 2.50 cumulative GPA in academic major |
| * 55 credits |
| * Completion of all UHM General Education Core and any additional Pre-Licensure Requirements. |
| * Applicants who have completed an articulated A.A. degree from a UH Community College are considered to have met the UHM General Education Core Requirements with possible exceptions (see an academic advisor). |
| * 40 hours of documented current group leadership involvement with K-12 youth. |
| * Personal admissions interview. |
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| **Licensure Track Prerequisites (Minimum Grade: C- or better)** |
| * HDFS 230\*DS or PSY 100\*DS |
| * KRS 113 DB **or** PHYL 103 DB **or** PHYL 141\*DB / ❑ 141L\*DY and PHYL 142\*DB /❑ 142L\*DY |
| * PHYS 100\*DP; or 151\*DP (highly recommended); or 170\*DP |
| * PHYS 100L\*DY; or 151L\*DY (highly recommended); or 170L\*DY |
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| **Required Graduation Grade Point Averages** |
| * 2.50 cumulative GPA or higher |
| * 2.50 GPA or higher in the major |

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| **Major Requirements for BS in Kinesiology and Rehabilitation Science** | | |
| Specialization: Health & Physical Education (HPE) | | |
| Admission to Licensure Track: Complete all General Education and Pre-Licensure requirements | | |
| Application: Deadline = March 1 for Fall entrance; October 1 for Spring entrance | | |
| Min. major credits: 83-96 | | |
| Min. C- grade in basic science courses; min. B- grade in all other major courses | | |
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| **Requirements** | | |
| **Health and Physical Education Related Requirements (62-63 credits) (some courses are only offered once a year)** | | |
| **Sports Proficiency** | | ❑ KRS 181 ❑ KRS 182 |
| **Basic Science** | | ❑ KRS 353 ❑ KRS 463 ❑ KRS 354 /❑ 354L |
| **Physical Education** | | ❑ KRS 270 ❑ KRS 334 or 372 ❑ KRS 371 ❑ KRS 443 ❑ KRS 470 ❑ KRS 474 ❑ KRS 477 |
| **Health Education** | | ❑ KRS 395 ❑ KRS 401 ❑ KRS 471 ❑ KRS 485 |
| **Professional Education Core** | | ❑ EDEF 310\*DS ❑ EDEP 311\*DS ❑ ITE 440 or EDEF 360 |
|  | | |
| **Restricted Licensure Track Requirements (21-33 credits) (Must be admitted to licensure track)** | | |
| *Secondary* ***or*** *Elementary Licensure = 1 semester (12 credits) of student teaching*  *K-12 Licensure = 2 semesters (24 credits) of student teaching* | | |
| **Professional HPE Core** | | ❑ KRS 402E ❑ KRS 402S ❑ KRS 404  ❑ KRS 405 ❑ KRS 406 |
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| *KRS 402E and 404 must be taken concurrently.* | | |
| *KRS 405-406: Concurrent registration required; demonstrate content knowledge in subject area(s) in order to submit a Student Teaching Application.* | | |
| *Teacher candidates must hold current First Aid and CPR (Adult, Infant, and Child) certification; and current NEA membership are required for (KRS 402E-404).* | | |
| *KRS 405 and 406 require a minimum grade of B or better. Elementary and/or secondary residencies must be successfully completed for certification and licensure.* | | |
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| **Notes** | | |
| College of Education, Office of Student Academic Services: Everly 126; (808) 956-7915; osas@hawaii.edu; coe.hawaii.edu | | |
| Interim Director:  Interim Associate Director:  Education Faculty Advisors: | Denise Nakaoka; Everly 126; (808) 956-4274; nakaoka@hawaii.edu  Denise Abara; Everly 126; (808) 956-5192; dabara@hawaii.edu  Alyssa Kapaona; Everly 126; (808) 956-4269; [akapaona@hawaii.edu](mailto:akapaona@hawaii.edu)  Reid Kuioka; Everly 126; (808) 956-5371; rkuioka@hawaii.edu  Karen Wilson; UH Ctr-Pālamanui; (808) 209-8031; (808) 984-3526; wilsonkl@hawaii.edu | |
| Pu‘uhonua:Hale for Native Hawaiian Student Support, puuhonua@hawaii.edu  Puahia: First Year & Transfer Student Support, puahia@hawaii.edu  Tinalak: Filipino Student Support, tinalak@hawaii.edu | | |
| Department of Kinesiology and Rehabilitation Science: PE/A 231; (808) 956-7606; coe.hawaii.edu/krs; deptkrs@hawaii.edu | | |
| KRS Department Chair: Christopher Stickley, PhD; PE/A 210; (808) 956-7606; [cstickle@hawaii.edu](mailto:cstickle@hawaii.edu)  KRS Advisor: Da Houl, houl@hawaii.edu | | |

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