



University of Hawai'i at Mānoa – Four-Year Academic Plan 2016-2017

College of Education

Bachelor of Science (BS) in Kinesiology & Rehabilitation Science

SAMPLE

Specialization: Health and Exercise Science (HES)

This is a sample academic plan. Students should meet with an academic advisor prior to registration to formulate their own plan.

Year 1		Year 2		Year 3		Year 4	
Fall		Fall		Fall		Fall	
KRS 113 (DB)	5	KRS 395	3	KRS 354	3	KRS 419	3
KRS 152	1	PHYS 100, 151 or 170 (DP)	3	KRS 354L	2	KRS 420	3
FAMR 230 (DS)	3	PHYS 100L, 151L or 171L	1	KRS 415	3	KRS 488	4
FS (MATH 140 rec.)	3	(DY)		KRS 443	4	HES Career Pathway	3
FG (A/B/C)	3	DA/DH/DL	3	DA/DH/DL	3		
		DS	3				
		Elective	2				
Credits	15	Credits	15	Credits	15	Credits	13
Spring		Spring		Spring		Spring	
KRS 153	1	KRS 305	3	KRS 474 or EDEP 429	3	KRS 332	3
KRS 203	3	KRS 353	3	KRS 463	3	KRS 421	3
CHEM 161	3	FSHN 185	3	KRS 480	3	KRS 489	3
CHEM 161L	1	HES Activity Elective	1	HES Activity Elective	1	HES Career Pathway	3
LTEC 112	3	HES Career Pathway	3	HES Career Pathway	3	HES Career Pathway	3
HES Activity Elective	1	Elective	3	FG (A/B/C)	3		
FW	3						
Credits	15	Credits	16	Credits	16	Credits	15
Summer		Summer		Summer		Summer	
Credits	0	Credits	0	Credits		Credits	0
Total Credits	30	Total Credits	61	Total Credits	92	Total Credits	120

Notes:

Students must take placement exams to be able to register for CHEM 161 and MATH 140.

Students must incorporate all focus requirements into this plan. Focus designations (i.e., W, E, O, H) are CRN specific & semester specific.

Minimum 45 upper division (300+ course) credits are required.